

**North Hills School District**  
**Athletics & Activities**  
**Participation Waiver for Communicable Diseases Including COVID-19**

The COVID-19 pandemic has presented athletics across the world with a myriad of challenges concerning this highly contagious illness that appears to primarily attack the upper respiratory system. Some severe outcomes have been reported in children, and a child with a mild or even asymptomatic case of COVID-19 can spread the infection to others who may be far more vulnerable.

While it is not possible to eliminate all risk of furthering the spread of and exposure to COVID-19 or other communicable disease, the North Hills School District (“NHSD”) has put in place certain precautions to try to decrease such risks to students, coaches, and their families. Those precautions can be located on the NHSD Athletic webpage. As knowledge regarding COVID-19 is constantly changing, NHSD reserves the right to adjust and implement additional or different precautionary measures to try to decrease the risks of COVID-19 exposure for our staff, students, and spectators. However, even with precautionary measures, NHSD cannot guarantee that you, your child(ren), or any other person attending or participating in an athletic program, event or activity will not become exposed to or infected with COVID-19 or other communicable disease. Attending or participating in an athletic program, event or activity may increase the risk of being exposed to or contracting COVID-19 or other communicable disease.

The undersigned acknowledge that attending or participating in athletic programs, events, and activities may include a possible exposure to a communicable disease including but not limited to MRSA, influenza, and COVID-19. The undersigned further acknowledge that they are aware of the risks associated with COVID-19 and that certain vulnerable individuals may have greater health risks associated with exposure to COVID-19, including individuals with serious underlying health conditions such as, but not limited to: high blood pressure, chronic lung disease, diabetes, asthma, and those whose immune systems that are compromised by chemotherapy for cancer, and other conditions requiring such therapy. While particular recommendations and personal discipline may reduce the risks associated with participating in athletics during the COVID-19 pandemic, the risk of serious illness, medical complications and possible death does exist.

We knowingly and freely assume all such risks, both known and unknown, even if arising from the actions, inactions, and negligence of others, including but not limited to NHSD, and assume full responsibility for our student athlete’s participation in athletics during the COVID-19 pandemic. We willingly agree to comply with any and all recommendations put forth by NHSD and by federal, state and local authorities to limit the exposure and spread of COVID-19 and other communicable diseases. We certify that our student athlete is in good physical condition or believe our student athlete to be in good physical condition and allow participation in this sport at our own risk.

By signing this form, the undersigned voluntarily agree to the following Waiver and release of liability. The undersigned agree to accept sole responsibility for any injury, disability, illness, damage, loss, claim, liability, or cost and expense, of any kind, that the undersigned, the Student, or any of the undersigned’s family member(s) may experience or incur in connection with the Student’s attendance or participation in NHSD athletic programs, events or activities, and hereby release, covenant not to sue, discharge and hold harmless, for ourselves, our heirs, and as a parent or legal guardian for the Student named below, the NHSD, its Board of Directors, officers, agents, employees, and volunteers from and against any and all of liabilities or demands for personal injury, disability, psychological injury, sickness, damage, loss, death, or claims resulting from personal injury or property damage, of any nature whatsoever which may be incurred by the Student or the undersigned or a member of the undersigned’s family relating to or as a result of their or the Student’s participation in or attendance at athletic programs, events, and activities during the COVID-19 pandemic.

Student Name (Please Print): \_\_\_\_\_ Sport/Activity: \_\_\_\_\_

Signature of Parent/Guardian: \_\_\_\_\_ Date: \_\_\_\_\_

Signature of Student Athlete: \_\_\_\_\_ Date: \_\_\_\_\_