

## Flam Development

**D= Down stroke**

**U= Up stroke**

**T= Tap**

Play the following exercises with one hand at a time, repeat many times, then switch hands. Play accented notes at 12" and non-accented notes as low as possible (1").

1.



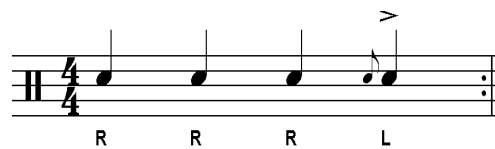
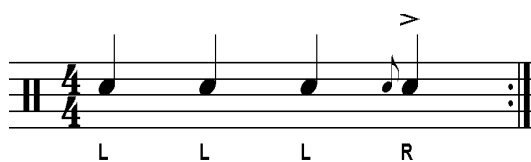
2.



3.



In these two exercises play the non-accented notes very low (soft) and the accent high (loud).



In this exercise the hands “switch places” when you play the flam. When you play these alternating flams start with your right hand high and your left hand low. After you play the flam your right hand will be low and your left hand will be high, or in other words they “switch places.”

